



MINI WARRIORS (4-6 yrs)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NA	NA	4:30 – 5:30pm	5:30 – 6:30pm	NA	10-11am

Parkour Level 1 (7- 13yrs)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30 – 5:30pm	4:30 – 5:30pm	6:30-7:30pm	6:30 – 7:30pm	4-5pm	9-10am

Parkour Level 2 (10 -14 yrs)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 – 6:30pm	5:30 – 6:30pm	7-8pm	7:30 – 8:30pm	NA	11-12pm

Flip N' Out (7-14 yrs)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NA	NA	5:30 – 6:30pm	4:30 – 5:30pm	5-6pm	12-1pm

Ninja Warrior (7-14 yrs) – *Competition Training*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30 – 7:30pm	6:30 – 7:30pm	NA	NA	NA	NA

Adult Teen (13 & Up yrs)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NA	7:30 – 8:30pm	7:30 – 8:30pm	8-9pm	NA	NA

Tramp Wall (Ages 8 & Up)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30 -7:30pm	7-8pm	NA	NA	NA	NA

More Class Days and Times will Open up as Classes Fill up.

To request a day or time please email Frontdesk@xcel360.com

You will be added to a waiting list. Thank You very much!